



P.E Learning Journey

Careers in Sport

- Teaching
- Sports scientist
- Physiotherapist
- Sports coach
- Sports development officer
- Personal trainer
- Sports psychologist
- Sports analyst
- Sports journalist
- Sports masseuse

PE Vision

To engage students in a healthy and active lifestyle in a range of sports and activities so that both physical and personal life skills are developed and a lifelong exercise habit is established. We strive to empower every child in developing the skills and qualities needed to thrive in life.



Key Stage 3

- Develop competence and a toolkit of skills to excel in a broad range of physical activities.
- Use a range of tactic and strategies to overcome opponents in direct competition.
- Opportunities to compete in activities inside and outside of school that build character and help to embed values, transferable life skills such as respect and resilience.
- Analyse and evaluate performances to achieve personal bests.

Key Stage 4

All students have weekly core PE lessons. Year 10 follow a personalised pathway. Year 11 students take ownership of activity choices to promote participation post school. Those students opting for exam PE can study BTEC sport or GCSE PE.

